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## Fitness Confidential Vinnie Tortorich

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vinnie: pretty good shawn. your co-host, her name is jade? **fitness confidential adventures in the weight loss game** - fitness confidential adventures in the weight loss game \*summary books\* : ... by vinnie tortorich with dean lory introduction the fitness industry is hard to navigate but when you read fitness confidential adventures in the weight loss game by vinnie tortorich youll be exposed to the most accurate **vinnie tortorich podcast - primal blueprint** - "fitness confidential ... vinnie: the podcasts we have had for a little over two years. i literally started the podcasts because i wrote a book and then william morris, the agent over at william morris, read the book and said this is a great book. we went on the internet and i did not exist in the cyber world at all.

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